

# YOUR MIND MATTERS

If you're a college or university student in Nova Scotia, there are services available for you right on campus. Browse the list below to find your school.

## **Acadia University:**

Counselling services: <http://counsel.acadiau.ca/Counsel-main.html>

Student Health Centre: <http://healthservices.acadiau.ca/Welcome-clinic.html>

## **Dalhousie University:**

Counselling services:

[http://www.dal.ca/campus\\_life/student\\_services/health-and-wellness/counselling.html](http://www.dal.ca/campus_life/student_services/health-and-wellness/counselling.html)

Dalhousie Health Services:

[http://www.dal.ca/campus\\_life/student\\_services/health-and-wellness/health-services.html](http://www.dal.ca/campus_life/student_services/health-and-wellness/health-services.html)

## **Kings College:**

Counselling services: <https://ukings.ca/campus-community/student-services/health-services/>

## **Mount St. Vincent University:**

Counselling services: <http://www.msvu.ca/en/home/student-services/officeofstudentexperience/counsellingservices/default.aspx>

Health Office:

<http://www.msvu.ca/en/home/student-services/healthwellness/healthservices/healthoffice.aspx>

## **Nova Scotia College of Art and Design:**

Counselling services:

<http://nscad.ca/en/home/student-resources/student-services/counselling.aspx>

Student services:

<http://nscad.ca/en/home/student-resources/student-services/default.aspx>

## **Nova Scotia Community College:**

Counselling services: <http://www.nsccl.ca/services/counselling-wellness/studenthealth.asp>

## **St. Francis Xavier University:**

Counselling services: [http://www.stfx.ca/prospective/campus\\_life/health/](http://www.stfx.ca/prospective/campus_life/health/)

## **St. Marys University:**

Counselling services: <http://www.smu.ca/administration/counselling/>

Student Health Services: <http://www.smu.ca/administration/student-services/health.html>

## **University College of Cape Breton:**

Counselling services: <http://www.cbu.ca/student-services/health-services/counselling/>

Max Bell Health Centre: <http://www.cbu.ca/student-services/health-services/>

